
A Monthly Newsletter by
Singapore Silat Federation

SILAT -



- UN CUT

Vol. 56 - June 2023

POST CELEBRATION 32ND SEA GAMES

We have the honor for our Team Singapore Silat to be celebrated on their achievements and performance at the 32nd SEA Games, Cambodia, by the Heartbeat@Bedok which is under the purview of East Coast GRC.

The celebration was held on 15 June 2023, 7pm, at Function Room (Heartbeat@Bedok) with its Advisor, Senior Minister of State, Ministry of Communication and Information & Ministry of National Development, Mr. Tan Kiat How as the host for the celebration.

Mr. Tan, who attended the Flag Raising Ceremony for the Silat team just before the team departed for Phnom Penh felt the close connection with the team, and it definitely has witnessed the team bonding and spirit.

The celebration was attended by the athletes, parents and family members, and our partners from the BikerSilat groups, Ducati Moto Club Singapore, Nur Insan, Project Pencil & BOHME, and many others.





SSF QURBAN & AQIQAH PROJECT 2023

We would like to thank our supporters for their continuous support and trust in ordering and purchasing the animal for to perform their Qurban deeds this year with Singapore Silat Federation, and our partner El-Malja.

The slaughtering of the animal for our customer's Qurban deed has been completed. May our Qurban deed done this year will be accepted by the Almighty!

Qurban & Aqiqah 2023

EL-MALJA REFUGE THROUGH KNOWLEDGE

SINGAPORE SILAT FEDERATION

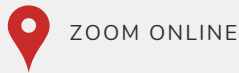
Indonesia	Australia	Uganda	Sri Lanka
Sheep \$190	Sheep \$400	Goat \$180	Goat \$310
Sheep - Adiqah \$210	Lamb \$420	Cow \$800	Cow \$950
Cow (Whole) \$1500	Cow (Whole) \$2200		

Closing date 21 June 2023, 6pm

For More Information :

- +65 6282 2316
- ssf@persisi.org
- Hearbeat@Bedok, 11 Bedok St 1, NSA Office #04-02, S469662

WHAT IS PERSONAL DATA PROTECTION?



Staff of Singapore Silat Federation have now have an in-depth understanding on Personal Data Protection Act after they have attended the Professional Certification of Personal Data Protection over the three-days course.

Answering to what is personal data protection, we first need to under on Personal Data. Personal Data refers to data about an individual who can be identified from that data, or from data and other information to which the organisation has or is likely to have access.

What is Personal Data Protection Act?

Or commonly known as "PDPA", provides a baseline standard of protection for personal data in Singapore. It complements sector-specific legislative and regulatory frameworks such as the Banking Act and Insurance Act.

It comprises various requirements governing the collection, use, disclosure and care of personal data in Singapore.

It also provides for the establishment of a national Do Not Call (DNC) Registry. Individuals may register their Singapore telephone numbers with the DNC Registry to opt out of receiving unwanted telemarketing messages from organisations.

Objectives of the PDPA

The PDPA recognises both the need to protect individuals' personal data and the need of organisations to collect, use or disclose personal data for legitimate and reasonable purposes.

A data protection regime is necessary to safeguard personal data from misuse and to maintain individuals' trust in organisations that manage their data.

By regulating the flow of personal data among organisations, the PDPA also aims to strengthen Singapore's position as a trusted hub for businesses.

For more information on PDPA, you can read it over at the Personal Data Protection Commission Singapore's website at www.pdpc.gov.sg

Mainly, the key takeaway from attending the three-days course, the staff have understood the concept and purpose of Personal Data Protection.

The PDPA ensures a baseline standard of protection for personal data across the economy by complementing sector-specific legislative and regulatory frameworks. This means that organisations will have to comply with the PDPA as well as the common law and other relevant laws that are applied to the specific industry that they belong to. when handling personal data in their possession.

PDPA takes into account the following concept of;

- 1.Consent; organisation may collect, use or disclose personal data with the individual's knowledge and consent (with some exceptions)
- 2.Purpose - organisations may collect, use or disclose personal data in an appropriate manner for the circumstances, and only if they have informed the individual of purposes for the collection, use or disclosure, and
- 3.Reasonableness - organisations may collect, use or disclose personal data only for purposes that would be considered appropriate to a reasonable person in the given circumstances.

The screenshot shows a Zoom meeting window with a slide from a presentation. The slide title is "4.1 Document Data Lifecycle – what it is, why organisations need it". It features a table titled "Example – Personal Data Inventory Map" and a list of pros and cons. The table is a grid with columns for "Types of personal information collected", "Individual", "How is consent obtained?", and "Have individuals been notified of the purposes for which their information is collected, used and disclosed?". Below this, there are sub-sections for "Collection", "Storage", "Usage within organisation", "Transfer/Disclosure to External Parties", and "Retention & Disposal". The "Collection" section includes "Purpose of collection", "Data Owner", "Collection Source", and "Collection Medium". "Storage" includes "Physical Storage" and "Electronic Storage". "Usage within organisation" includes "Users of Personal Data and Purpose of Usage" and "Access to Personal Data". "Transfer/Disclosure to External Parties" includes "External Parties and Purpose of Transfer/Disclosure" and "Transfer Mode". "Retention & Disposal" includes "Retention Period" and "Disposal Methods".

Pros and Cons:

- ✓ easy to develop, maintain and update
- ✓ does not require high level software and skills
- ✓ no limitations on recording of information
- ✓ is effective for extensive and complex data flows
- ✗ lacks visual representation of data flows
- ✗ limited in representation on interconnectivity of personal data

Source : Sample Personal Data Inventory Map Template from PDPC's Guide to Developing a DPMP

© Copyright 2022 PERSONAL DATA PROTECTION COMMISSION



You are viewing Dr Simon Chan's screen View Options

Nur Hafidzah Bi...

Nur Asiah Binte Arsha... Hasmuzaffar Hasibolla... Dr Simon Chan Nur Fazlin Juma'en 01... Nur Hafidzah Binte Ar... Rathipriya_LearnCollab

PowerPoint Slide Show - [PPT_Practitioner Certificate in PDP (Singapore) 2020 (WSQ) L4 (ICT-CGP-4020-1.1)_v3]

Hands-On Activity - What should be in a policy?

Hands-on Activity

Use the hands-on activity you have prepared (e.g data inventory map) to help create the relevant content for your data protection policy and notice by answering the questions in the table on the right.

Source: Guide to DPMP, PDPC

Questions	Applicable to	
	Internal	External
General		
1. What is the definition of personal data?	✓	✓
2. What is the purpose of the policy?	✓	✓
3. How often is this policy reviewed?	✓	
People		
4. Who are the intended audience of the policy?	✓	✓
5. Who does the policy apply to? Are their roles and responsibilities clear and comprehensive?	✓	✓
6. Who is the policy owner?	✓	
7. Who approves the policy?	✓	
Process		
8. Whose personal data is handled?	✓	✓
9. What is the purpose for collecting the personal data?	✓	✓
10. What types of personal data is handled (e.g. name, NRIC, birth date, health details)?	✓	✓
11. How should queries, feedback and requests be handled?	✓	✓
12. Which are the third party organisations personal data is shared with, if any?	✓	✓
13. How does the organisation ensure that third party service vendors protect data in accordance with the PDPA requirements?	✓	✓
14. How are the data protection and Do-Not-Call provisions of the PDPA complied with throughout the data lifecycle?²	✓	✓
15. How is the personal data protected?	✓	
16. How should data breaches be handled?	✓	
17. When are Data Protection Impact Assessments (DPIA) conducted, and on which systems or processes?	✓	
18. How should policy exceptions be handled?	✓	

Participants Chat Share Screen Record Show Captions Reactions Apps Whiteboards

Search ENG US

Nur Hafidzah Bi...

Nur Asiah Binte Arsha... Syafiq Jeffrey Nur Fazlin Juma'en 01... Mohamed Noor Rafili... Dr Simon Chan Nur Hafidzah Binte Ar...

PowerPoint Slide Show - [PPT_Practitioner Certificate in PDP (Singapore) 2020 (WSQ) L4 (ICT-CGP-4020-1.1)_v3]

9.4 The Data Breach Notification Obligation

FLOWCHART FOR DATA BREACH NOTIFICATION

The timeframes for notification will commence from the time the organisation determines that the data breach is notifiable.

Source: Annex D in the Guide on Managing and Notifying Data Breaches in the PDPA

© Copyright 2022 PERSONAL DATA PROTECTION COMMISSION

Participants Chat Share Screen Record Show Captions Reactions Apps Whiteboards

Search ENG US

PA'S CORPORATE MEMBER TGM

 PA HEADQUARTERS, 9 KING'S GEORGE'S AVE

Singapore Silat Federation has been a Corporate Members with People's Association since many years/terms ago. Representative for the federation, is Dr Sheik Alau'ddin since the last three terms.

In total the People's Association has a total of eighty-five Corporate Members that represent various sectors of Singapore society, including academic guilds, cultural and educational organisations, hobby clubs, service organisations, sports and martial arts associations, student's unions, uniformed organisations, unions, youth organisations and professional bodies. Sharing the common objective of community bonding, PA and its Corporate Members have leveraged each other's expertise, strengths, and outreach efforts to create joint programmes to better serve the community. - source from People's Association's website.

The objective of the meeting is focusing on reports on activities and collaboration between PA and the Corporate Members (between May 2020 and April 2023), Election of 4 Corporate Members to PA Board of Management, and most importantly networking amongst all PA Corporate Members.





PERSILAT STEERING COMMITTEE MEETING



VIRTUAL MEETING, ZOOM

The International Pencak Silat Federation (PERSILAT) will find time to schedule for a meet-up be it online or face-to-face to discuss or get an updates on the current situation or any development of Pencak Silat.

Task Force is a unit specially organized for a task where groups of people come together to accomplish a specific objective. Some organizations will refer to Steering Committee as "Steering Committee" where they are the key project stakeholders with the power bestow on them to "steer" the project till the proper objectives is achieve, and resulting to successful outcomes.

Who sits in the PERSILAT Steering Committee?

Being the Four Founding Members of the International Pencak Silat Federation since its first establishment in the 1980 has its privilege, where one office holder from their National Pencak Silat Federation will be appointed to sit in the PERSILAT Task Force.

The representative who sits in the PERSILAT Task Force must get endorsement of their own National Pencak Silat Federation, as they are the voice of their nation.

For any changes in the representation will need to be informed officially by their National Pencak Silat Federation to the International Pencak Silat Federation. Creating a "PERSILAT Task Force" in the International Pencak Silat Federation will be an effective way to address on matters, especially on the International Pencak Silat Competition Rules and Regulations.

Since the first improvement and upgrades of the rules and regulations in March 2020, further enhancement cannot be avoided to ensure the safety aspect of the sport. A formation of PERSILAT Task Force is also to ensure that for any changes made will only be done by the appointed officer, and updates are disseminated to the National Pencak Silat Federation in a proper version and correct order.

Roles and Responsibilities of PERSILAT Task Force or Steering Committee

Mainly the roles of the PERSILAT Task Force are on the management of the International Pencak Silat Competition Rules and Regulations.

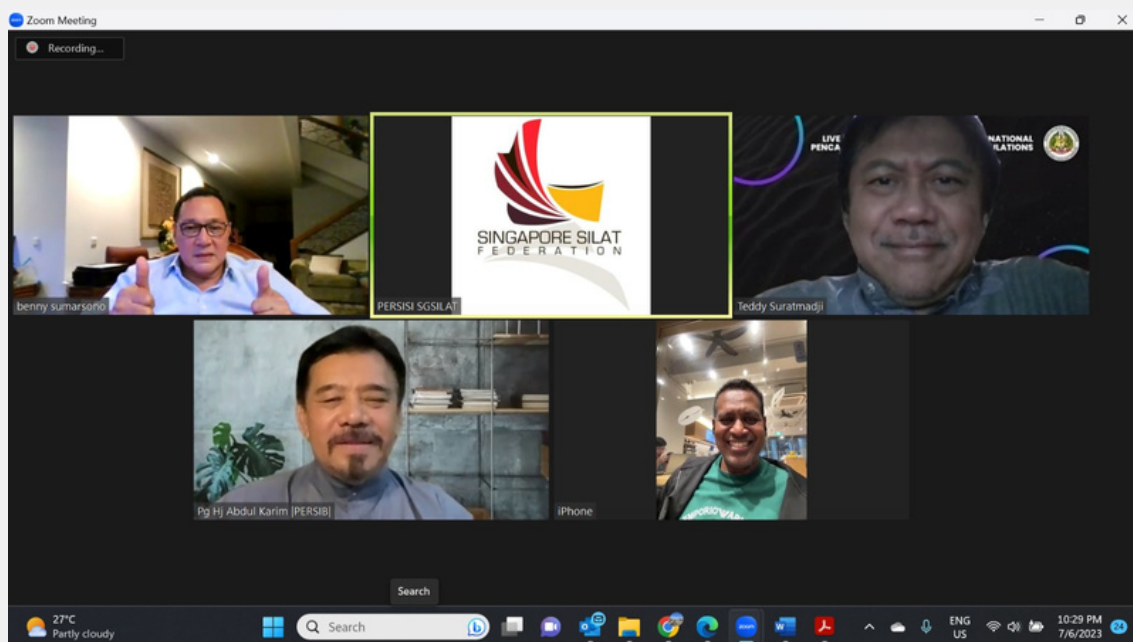
PERSILAT Task Force will be authorized to plan on improving on any changes and further

development to the International Pencak Silat Competition Rules and Regulation.

Their roles include the following:

- 1.To plan the necessary arrangement on scheduling for meeting (either virtually or physically) with all the National Pencak Silat Federation to collate any updates, and news).
- 2.To alter, modify or review and update the rules and regulations of Pencak Silat as a competition sport.
- 3.To be the authorization party in planning, arranging, and conducting the International Pencak Silat Competition Rules & Regulations seminar, workshop, courses, or anything similar.
- 4.To allot schedule in conducting the Pencak Silat Competition Rules & Regulations seminar physically or virtually.
- 5.To conduct review and feedback sessions with all the National Pencak Silat Federations and ensuring that the transition on the changes was smooth & understand fully on the updated rules and regulations.
- 6.PERSILAT Task Force and its Action Committee will do research on any new techniques and tactics before developing it as one of the valid or legal technique.
- 7.Be responsible to uphold safety when introducing any new attacking elements.
- 8.To overview & monitor the registered Referee-Jury throughout the on-going Pencak Silat competition.
- 9.PERSILAT Task Force is given the authority to conduct the International Referee Course and/or International Upgrading Referee Course for its PERSILAT Members.

The PERSILAT Steering Committee scheduled a meeting on 7 June 2023 online to discuss on post SEA Games issues and how a Pencak Silat Competition can the organizer or host country can improve in organizing a Pencak Silat competition. Main aspect of the discussion was on the techniques that were used by the athletes during the competition.



WORK-LIFE GRANT FLEXIBLE WORKING ARRANGEMENT

Singapore Silat Federation was first made aware on the Work-Life Flexible Work Arrangement by Ministry of Manpower in 2019, monitored and managed by Singapore National Employers Federation, and after three year, this year we have finally completed to be under the flexible working arrangement.

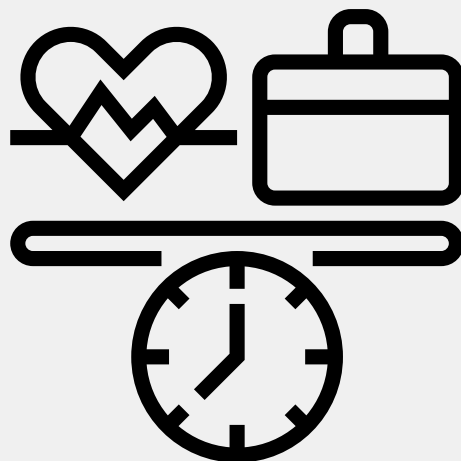
Work-Life Grant Flexible Work Arrangement where it aims to incentivise companies to sustain the use of flexible work arrangements (FWAs) for all employees, to create work-life harmony at the workplace.

Types of flexible working arrangement that Singapore Silat Federation provided for its full-time staff are staggered hours and flexi place.

The flexible work arrangement was implemented to nurture and further workplace cultures that support better work-life harmony. In particular, to put in place FWA measures (e.g. part-time work, job sharing arrangements, and others).

Some of our staff who were under the programme have shared the benefits from it. The benefits that was voiced out to the management after the implementation of the FWAs, the staff was able to spend more time with family, as they are able to work remotely (at home) on some of the days where they do not have to waste time to commute to workplace.

Sadly the programme has ended and programme partners will not be accepting any more application since 18 August 2020.



PESTA SUKAN KEBANGSAAN 2023



CHOA CHU KANG ACTIVESG SPORTS CENTRE

Pesta Sukan is a national event to celebrate the lead up to the Singapore's National Day with exciting competitive sports, and Pencak Silat is part of the other thirty-six sports in it.

Working closely with ActiveSG on organizing the Pencak Silat event, Singapore Silat Federation will be organizing it over two weekends (28-30 July & 4-6 August 2023) in order to support participants from Singa Cub till Master categories.

Not organizing the national championship this year, we are opening the invitation and participation for this year Pesta Sukan Kebangsaan to Silat clubs which are affiliated with us, and also to the Silat clubs in tertiary institutions.

The Competition Handbook has been sent out to the invited clubs together with the necessary forms. We would definitely advise the participants to adhere to the submission dates given;

Form A - Entry by Number - 3 July 2023

Form B - Entry by Name - 14 July 2023

Form C - Team Participation Agreement Form - 14 July 2023

Form D - Individual Indemnity Form - 22 July 2023

Form E - Pencak Silat Medical Form - 22 July 2023

All team managers and coaches are required to attend the Technical Briefing in person which will be held on 22 July 2023, 2pm to 6pm at ActiveSG Silat Hall, Heartbeat@Bedok. Balloting will be held on the same day from 6pm onwards.

We are looking forwards to seeing you there at Choa Chu Kang ActiveSG Sports Centre!



PENDEKAR SEABAD MALAYSIA INTERNATIONAL OPEN



ARA DAMANSARA, MALAYSIA

Sending forty (40) athletes to compete in the Malaysia International Open or also known as Pendekar Seabad from 29 May, the team coming back with thirty-eight gold medals. With this championship it has proven that our athletes from Pre-Junior up till Senior are nurtured to fight all the way, and age is just a number.

With never say never attitude, here are the athletes that formed a team in this competition, presenting to you,

"Muhammad Iqbal Abdul Rahman, Siti Khadijah Mohd Shahrem, Dhani Andika Razali, Muhammad Nurshahfareeq Shahrudin, Amirah Sahrin, Iffah Batrisyia Noh, Nur Ashikin Zulkifli, Muhammad Shaiman Johanis, Nur Iffah Johanis, Nur Izzah Johanis, Aiman Adam, Alyff Ryhan Mohamad, Raja Zulfadli Raja Mahmood, Nurhisham Sapari, Muhammad Wafiq Aqil Wathrus Shurul, Nur Ellyana Syafiqah Taufiq, Nayli Nur Syazleen Sazali, Dini Qistina Chairul Fahmy, Mohammad Ridzky Mohammad Fadzil, Haaziq Razlan, Ahmad Hanin Abdul Rahim, Aleesa Hanin Abdul Rahim, Muhammad Naufal Abdullah, Zulhilmi Zul'irfan, Mirza Sahrin, Maisarah Sahrin, Arian Danish Muhammad Firuz, Nur Rayanna Aqila Nur Hakim, Nur Aniqah Qistina Roslan, Nur Filzah Syairah Rohaizad, Rifqah Mursyidah Mistam, Muhammad Eydrian Putra Sofian, Muhd Naeem Ridzuan, Aliff Iswandy Ismail, Muhd Iryan Anaqi Irwan, Muhammad Rizq Aryan Rizila, Danial Haritz Rizal, Adnan Zuhayr Razali, Muhammad Raiyan Rifqi Suhaimi, Ralphy Ebube Abdullah, Nur Fazlin Juma'en, Noh Mohd Sharif, Hasmuzaffar Hasibollah, Muhammad Fiqri, Muhamad Hamdi, Hendri Fardli, Selvi Dwi Sri Marlina & Mohd Muiz Noor Azmi."



KEJUARAAN SILAT TERBUKA

PENDEKAR SEABAD XIV

UNIVERSITI MALAYA

31 Mei - 04 Jun 2023 | 08.00 AM - 10.00 PM

**EVOLVE CONCEPT MALL,
ARA DAMANSARA**









There's Always A Sport for Every Child!



Support your Child's Active Start

Children are encouraged to participate in a wide range of movement activities and age-appropriate sport from young. A strong foundation in movement competency in childhood prepares your child for lifelong participation in sport and physical activity, and has multiple benefits in developing their muscles, bones and brain.



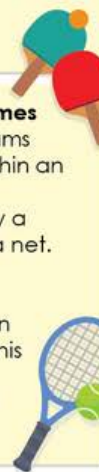



An Active Start creates the conditions for their holistic development in the following areas:



Support your Child's Active Start



The early years are crucial for helping children develop a wide range of movement skills. Learn about the recommended age-appropriate sport that children can participate in!

Age Group	Pre-schoolers	Primary School Children		
	<p>Children of this age are still developing fundamental movements skills, and hand-eye coordination.</p>	<p>Children of this age have better control of their movement skills, vision, higher concentration span and able to comprehend instructions. Progressively, they are able to manipulate sport equipment as well as understand sport strategies.</p>		
<p>Recommended Sport</p>	<p>Foundation Fundamental movement skills that are transferable to other sport</p> <p>Examples</p> <ul style="list-style-type: none"> • Athletics (Run, Jump, Throw) • Gymnastics (Balance, Co-ordination, etc.) • Swimming <p>Fundamental movement skills can also be acquired through other sport (e.g. football, martial arts, etc.) with age-appropriate design and instruction.</p> 	<p>Territorial Games 2 teams compete within an area that offers possibilities for offensive and defensive play. The goal is to invade the opponent's territory to score.</p> <p>Examples</p> <ul style="list-style-type: none"> • Basketball • Hockey • Floorball • Football • Flying Disc • Water Polo / Flippaball 		<p>Net/Wall Games 2 players/teams compete within an area, often separated by a barrier, e.g. a net.</p> <p>Examples</p> <ul style="list-style-type: none"> • Badminton • Table Tennis • Tennis • Volleyball 
		<p>Striking & Fielding Games 2 teams compete within an area that offers possibilities for offensive and defensive play. The goal for the battling team is to strike an object so that it eludes the defenders.</p> <p>Examples</p> <ul style="list-style-type: none"> • Baseball • Softball • Cricket 	<p>Target Sport Players propel an object with the aim to place it on, in or near a target to obtain the best possible score.</p> <p>Examples</p> <ul style="list-style-type: none"> • Archery • Shooting • Bowling 	<p>Cyclical Endurance Sport Typically regarded as individual sport, participants develop cardiovascular fitness, muscular endurance and sense of rhythm through regular practice. Relays and team events create extra elements of fun and competition.</p> <p>Examples</p> <ul style="list-style-type: none"> • Athletics (Sprints, Middle Distance & Long Distance Running) • Canoe/Kayak • Cycling • Swimming 



It is also important to expose your child to multiple sport. With greater involvement in a variety of sport, your child will benefit from:

- ✓ Improved coordination and muscle control
- ✓ Increased aerobic fitness
- ✓ Gained confidence
- ✓ Stronger fundamental movement skills

Support your Child's Active Start with ActiveSG Academies & Clubs

Would you like your child to develop his or her fundamental movement skills? Or come onboard a pathway to excel in the sport(s) of their interest?

Check out the range of ActiveSG Academies and Clubs programmes!

Designed with fun and quality as key considerations, our sport programmes teach sporting skills, and inculcate your child with values such as honour, resilience and teamwork as well as life skills such as communication, time management and goal setting.

Regardless of ability or fitness level, there is always a sport for every child!

PROGRAMMES WE OFFER

SCHOOL HOLIDAY PROGRAMME (SHP)

A short format sport tryout during the school holidays to experience the sport.

SEASONAL PROGRAMME

A 10-week programme to build a strong interest and foundation through regular play for lifelong engagement.*

DEVELOPMENT CENTRE

Programmes assigned by skill/potential levels with appropriate daily training and competition environment to optimise potential and performance.

*SportCares Bursaries are available for eligible applicants.

go.gov.sg/sportcares-bursary

ActiveSG Academies & Clubs

List of Academies & Clubs with programmes established across the island:

Aikido



Athletics



ActiveGroove



Basketball



Canoe



Football



Gymnastics



Hockey



Silat



ActiveSG Academies & Clubs

Table Tennis



Taekwondo



Tennis



Volleyball



Water Polo



For enquiries, email:
ActiveSG_Academies_and_Clubs@sport.gov.sg

Find out more and register for
Academies & Clubs programmes!



<https://go.gov.sg/anc>

go.gov.sg/anc

Support your Child's Active Start with SportSG initiatives for Families

ACTIVE PARENTS

A movement to enable and empower parents to play an active role in their child's life and sporting journey!

Active Parents welcomes first-time and seasoned parents to embark on a journey to kickstart their child's Active Start to life. We have a full suite of resources, educational series, as well as sporting activities and ideas for the entire family to live better through sport.



Parent-Child programme and activities



Active Parenting knowledge and skills



Online content and educational resources

Together, let's create happy and active parent-child moments!

Sign up as an Active Parent



<https://go.gov.sg/activeparentsg>

go.gov.sg/activeparentsg



Support your Child's Active Start with SportSG initiatives for Families



A national movement for sport where Singaporeans can experience and share the joy of living better through sport.

ActiveSG offer individuals and families the opportunities to get active with a diverse and exciting line-up of sporting activities suited for all!

Sign up for your FREE ActiveSG membership* and get ActiveSG \$100 which can be used for:

- Payment for ActiveSG programmes (*up to 30% off the programme price*)
- Purchase of swimming complexes and gym entry passes
- Purchase of MyActiveSWIM and MyActiveGYM passes
- Booking of ActiveSG sport facilities

- * Singaporeans & Permanent Residents only.
- * ActiveSG \$100 will only be issued to each member, upon account verification.
- * Parents/legal guardians may apply for supplementary membership for children below 12yo



<https://go.gov.sg/about-activesg-membership>

go.gov.sg/about-activesg-membership

SAFE SPORT - SG SILAT

The purpose of the Safe Sport Unified Code and the Safe Sport Programme which supports it are:

- to safeguard participants in the sporting environment from abuse and harassment which undermine both the mental and physical health of participants and the integrity of sport
- to ensure harmonised and coordinated safeguarding framework across the Singapore sporting ecosystem through organisations that are responsible for organising, administering and facilitating participation in sport

Together, the Safe Sport Unified Code and the Safe Sport Programme form the national framework for safeguarding in sport.

And, as a member of the Safe Sport Programme administered by the Safe Sport Commission, Sport Singapore underlies its commitment to the principle that all participants in sport should expect to play practise, compete, officiate, work, volunteer and interact in an environment that is free from harassment and abuse.

Singapore Silat Federation have appointed its own Safe Sport Officer, who is Mr. Noh Mohd Sharif, in ensuring our Silat enthusiasts practice Silat in a safe environment.

Pursuant to its obligations under Safe Sport Programme, Singapore Silat Federation has:

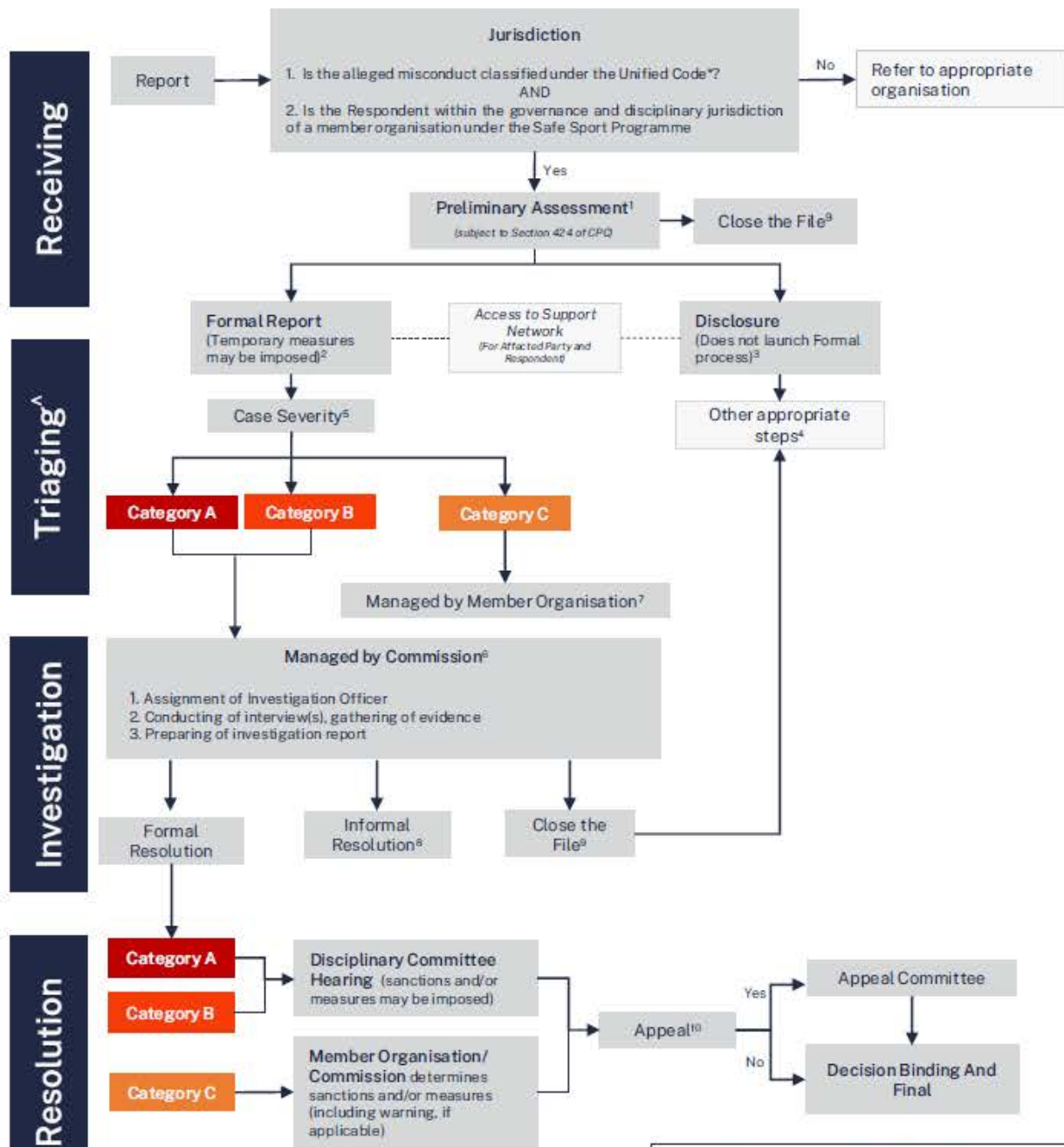
- adopted the Safe Sport Unified Code and the definitions of Misconduct set out in Article 4 which are sexual, physical and psychological in nature;
- adopted the rules, policies and procedures of the Safe Sport Programme set out in the Safe Sport Programme Handbook for handling allegations of Misconduct;
- delegated jurisdiction and authority to the Safe Sport Commission to
 - i. assess and investigate allegations of Misconduct which are under its discretionary (low level) and mandatory (medium and high level) jurisdiction;
 - ii. issue interim measures pending conclusion of investigations;
 - iii. make recommendations of sanctions or disciplinary action as a result of such investigations;
- delegated jurisdiction and the authority to the committees constituted under the Safe Sport Disciplinary Panel to adjudicate matters referred to it by the Safe Sport Commission.

For more information, you can visit

www.safesport.sg



RESPONSE & RESOLUTION PROCESS



* - refers to the SAFE SPORT UNIFIED CODE
 A - SO to complete the Safe Sport Misconduct Triaging Form

Footnotes references to:
[Safe Sport Programme Handbook](#)

1 - Management after Receiving A Report: Section 6
 2 - Appendix 3: Measures & Sanctions
 3 - Receiving A Report: Section 5
 4 - Receiving A Report: Section 5
 5 - Appendix 1: Classification
 6 - Part I Roles & Responsibilities: Section 1
 7 - Part I Roles & Responsibilities: Section 2
 8, 9 - Resolution: Section 7
 10 - Appeals: Section 9

RECRUITMENT: SILAT ALUMNI

Calling our Silat Alumni to join our alumni team!

We are looking for individuals who were in the National Silat team to join us where we inspire, dedicate, and aspire our current athletes as they fight towards the nation's success in the name of Pencak Silat.

Drop us a call at +65 6282 2316 or an email to ssf@persisi.org.



SINGAPORE SILAT FEDERATION

JOIN OUR ALUMNI TEAM




INSPIRE DEDICATE ASPIRE

For more enquiries, contact us at: +65 6282 2316 or ssf@persisi.org

ADDRESS: NO 11 BEDOK NORTH ST 1 #04-02 (469662)

WEBSITE: WWW.PERSISI.ORG
 FACEBOOK: WWW.FACEBOOK.COM/SGSILAT
 INSTAGRAM: WWW.INSTAGRAM.COM/SGSILAT
 YOUTUBE: WWW.YOUTUBE.COM/SSF






TRAIN WITH MASTER SHEIK

Some people want it to happen, some wish it would happen, and others make it happen. You can make it happen, by joining a physical training session incorporating Sport Silat and its techniques taught by the Silat Master, Dr. Sheik Alau'ddin!

Sessions will kick off very soon, and we are looking forward to having you here with us at the OCBC Arena!

Plus, you will also get the chance to represent Singapore with the rest of the National Silat Team!

For enquiries, feel free to drop us a call at +65 6282 2316 or an email to azfizan@persisi.org.

PACKAGE LIST

\$ 35 / month	\$ 450* / year	\$ 15 / session
Standard	Elite	No-commitment
<ul style="list-style-type: none"> ✓ 10 - 21 years old ✓ Basic motor skills ✓ Body coordination ✓ 1-year membership ✓ 2 hours per session 	<ul style="list-style-type: none"> ✓ 18 years old & above ✓ Muscular Strength ✓ Muscular Endurance ✓ Flexibility ✓ Body Composition ✓ Cardiovascular Endurance ✓ 2 hours per session 	<ul style="list-style-type: none"> ✓ 10 years old & above ✓ For individuals with busy schedules ✓ Training scope depends on programme of the day ✓ Promo: \$100 for 8 sessions (with 6 months expiry) ✓ 2 hours session

*\$120 per 3-months membership

We also offer a One-Time Trial Session for \$10. Trial session is 1 hour 30 minutes and will be held every Friday evening.

Terms & Conditions:

- Membership will only be confirmed once FULL payment is received
- All memberships are NOT exchangeable/refundable/transferable

Register your interest through the form here: <https://forms.gle/ApE1RBj9H9Mko7FZ7>

NATIONAL SYLLABUS



The national syllabus is a set of standards that is going to be used across the Singapore silat fraternity.

It covers the levels that are taught and the standards that the learner has to reach. This curriculum sets out the programs and level targets for the learners to achieve at all levels.

All affiliates with Singapore Silat Federation (SSF) will have to teach this programme.

The complete version of the curriculum is at its key stages and SSF will present it to the Sports governing body for approval.

SASH	LEVEL	DEFINITION	REMARKS
White	1	Beginner	
	2		
	3		
Green	4	Intermediate	Eligible to compete
	5		
	6		
Red	7	Advanced	
	8		
	9		
Brown	10	Assistant Instructor	Assist instructors with the White Sash students
	11		
	12		
Black	13	Instructor	
	14		
	15		



SINGAPORE SILAT FEDERATION

WWW.PERSISI.ORG



@SGSILAT



RUNNING A SILAT CLUB?



Singapore Silat Federation welcomes any new Silat Club to join us as our affiliate, be it as an Ordinary or Associate Member!

You will be able to get first-hand information with regards to Pencak Silat activities and programmes happening locally and internationally. Most importantly, get your Silat Club recognized and certified by us, the main governing body for the sport in Singapore.



Currently, we have twenty (20) Ordinary Members, and seven (7) Associate Members registered with us, and a total of forty-eight (48) Silat Clubs, also known as Perguruan, registered and certified with Singapore Silat Federation.

To join us, simply write in to register your interest via email to ssf@persisi.org and attention it to our President with Affiliation with Singapore Silat Federation as your subject.

We look forward to welcoming you on board!

MEET OUR SG SILAT PARTNERS

FRANK'S PARLOUR



They just celebrated their ONE YEAR Anniversary in July 2022, despite being new in the barber industry, Frank's Parlour specializes in haircuts, shavings, and other services!

Frank's Parlour is located at:

273 Changi Road
Tuesday to Sunday
(closed on Monday)
11am to 11pm

For more information on the perks and benefits for our SG Silat Community, send us a DM on @sgsilat!



BOSS PRODUCTION PTE LTD



Looking to do recording, events, road show, exhibition, music production, or a professional team to entertain you at your event?

They may be the one that you are looking for. Plan your event with their awesome crew where you won't feel the stress. They will take your stress away!

Go check them out!

Aladdin Street Singapore is Singapore's First Premium Quality Products and HALAL e-Marketplace, and they cater to both the Business-to-Business (B2B) and Business-to-Consumer (B2C) communities over the Internet and via its mobile app worldwide.

Singapore Silat Federation is working with Aladdin Street Singapore to look into potential opportunities for Singapore Silat Federation and Aladdin Street Singapore, and working with them again towards more successes in 2023 and beyond, after the success of the 18th World Pencak Silat Championship in 2018.



Reinventing beauty experiences by merging traditional Indian beauty secrets with the best of modern technique.

Located in the heart of the city with an array of services - threading, organic waxing, facials & head therapy.



Located at:
121B Serangoon Road, Singapore
218026



The Ducati Motor Club Singapore is a group of Ducati Motor Bike enthusiasts, who are also big on charity!

This is a space for Ducati Motor riders in Singapore to meet-up for weekly and annual rides (both local and overseas), and other events for the club.

Working together with Singapore Silat Federation, they strive to work hand-in-hand to serve the community!



DUCATI MOTOR CLUB SINGAPORE



Wings Motor Gang (MG) Society Singapore is a group of bikers who are passionate about giving back to the community in the Singapore-Malaysia region on their Harleys!

Singapore Silat Federation is in a tight-knit partnership with Wings MG Society as well as Bikers Union and Singapore Bikerz Inclub, as we work together towards giving back to the society and spreading awareness on our arts!

Project Pencil Singapore's main goal is to create one big family in the community to look out for each other in hopes to enhance the neighborliness and fosters a strong kampung spirit in the community.

The team has also sponsored children from needy families with free tuition and field trips.



Nur Insan (then Nur Insan Educational Hub) was set up in 2002 under their previous parent association, The Muslim Social Welfare Association of Sembawang.

The initial purpose of setting up the learning centre was to serve the low income families in the northern sector of Singapore. As families would normally prioritize secular education, Nur Insan was aimed to help less fortunate families with Islamic knowledge through free education.



Group ONE Holdings (ONE) is Asia's largest global sports media platform with a broadcast to 150+ countries around the world.

ONE ranks amongst the world's top 10 biggest sports media properties for viewership and engagement.

Through its marquee sports properties (ONE Championship and ONE E-sports) and its passionate millennial community, ONE is a celebration of Asia's greatest cultural phenomena, Martial Arts and Gaming, and the deep-rooted Asian values of integrity, humility, honor, respect, courage, discipline, and compassion.

LEARNCOLLAB

LearnCollab's purpose is to assist enterprises and companies to increase their core capabilities Raising competition advantage for their learners and enterprises.

Their mission is base on L.E.A.R.N philosophy and core values.

- L - eadership
 - E - mpowerment
 - A - ttitude
 - R - esults
 - N - uture
-

VENUE PARTNERS



Our Tampines Hub, 1 Tampines Walk,
Singapore 528523



Community | Lifestyle

Tampines West Community Centre,
5 Tampines Avenue 3,
Singapore 529705

Wisma Geylang Serai,
1 Engku Aman Turn,
Singapore 408528



BE A PART OF OUR SILAT FAN CLUB!



UPCOMING

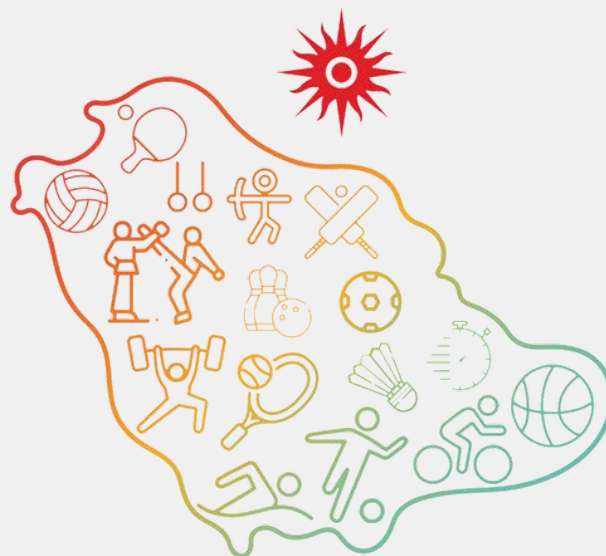
For enquiries on our Coaching Courses (Level 1) and Referee-Jury Courses, drop us an email at ssf@persisi.org or give us a call at 6282 2316!

COURSES





HOST COUNTRY FOR THE FUTURE ASIAN GAMES



22nd ASIAN GAMES RIYADH 2034

2030 and 2034 host countries for the Asian Games have been announced by the Olympic Council of Asia.

The 21st Asian Games will be hosted by Doha, and 22nd Asian Games was awarded to the Saudi Arabia capital of Riyadh.

We are looking forward to the announcement on the numbers of medal sports will be participated in the games.

Pencak Silat first made its debut in the 18th Asian Games in Jakarta-Palembang when Indonesia became the host country. And we definitely looking forward to more Asian Games with Pencak Silat as one of the competitive sports.



HELP US ACHIEVE OUR DREAMS TO BE CHAMPIONS

**YOU CAN SIMPLY HELP US
BY MAKING OUR DREAMS
COME TRUE...**

Being a Charity and IPC Status, all outright cash donation will be entitled to a Tax Deductible receipt of 2.5 times.

Donation can be made through the following modes of payments.



1. iBanking (Direct Bank Transfer to - DBS Current Account 017-007120-3)
2. PayNow (UEN No. S76SS0039A)
3. Cheque (Payable to Singapore Silat Federation)

For issuing of Tax Deductible Receipt, the following information is required:

- Individual (Full Name & Identification No.)
- Company (Registration Company's Name & UEN No.)



@SGSILAT

For more information, you can contact us via:
Singapore Silat Federation
Heartbeat@Bedok, 11 Bedok North Street 1
NSA Office, #04-02, Singapore 469662
Main: + 65 6282 2316 / 17 / 19
E-mail: ssf@persisi.org



**ONE
SGSILAT**



FOLLOW ME





SINGAPORE SILAT FEDERATION

WWW.PERSISI.ORG

TALK TO US

(65) 6282 2316 / 17 / 19

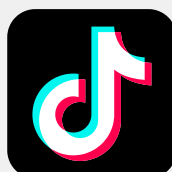
ssf@persisi.org || www.persisi.org

WE ARE LOCATED AT..

11 Bedok North Street 1, Heartbeat@Bedok, #04-02,
Singapore 469662



**SINGAPORE SILAT
FEDERATION**



@SGSILAT



SGSILAT



MUHAMMAD IQBAL

MUHAMMAD HAZIM

SHEIK FARHAN

NURUL SUHAILA

SHEIK FERDOUS



CHAMPIONS